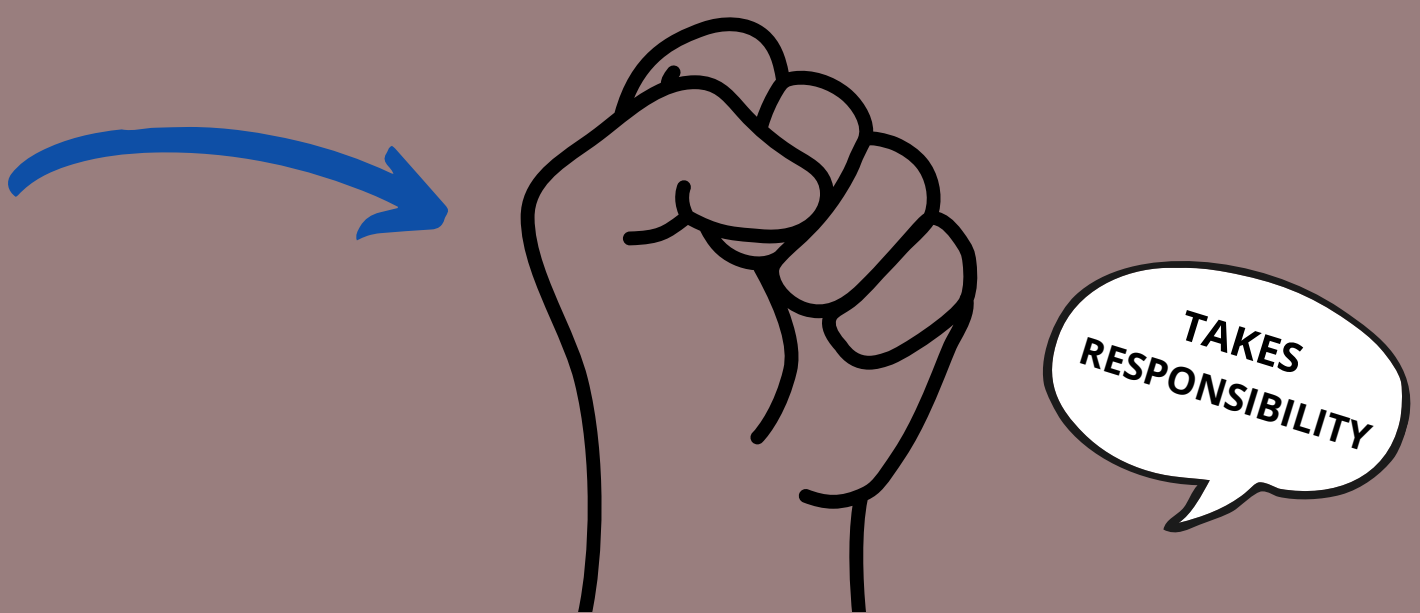


# LOCUS *of* CONTROL

How much control do you feel you have over the events in your life?

## INTERNAL LOCUS OF CONTROL



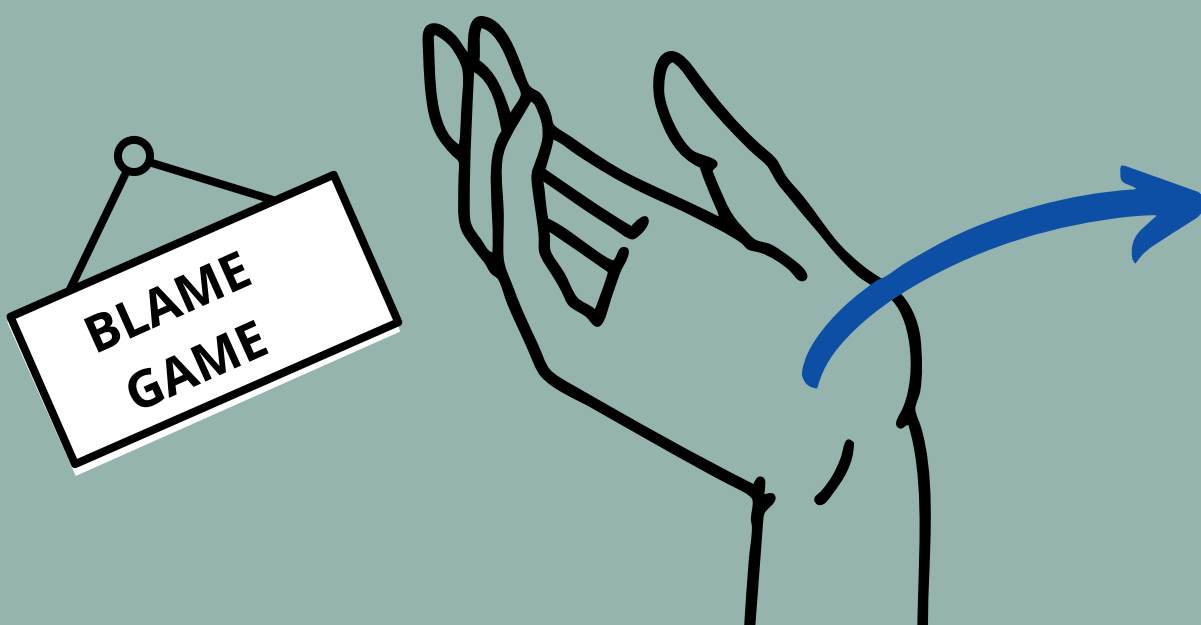
### IN CONTROL

Attributes success to your own effort.

Focuses on solutions.

Feels confident in the face of challenges.

## EXTERNAL LOCUS OF CONTROL



### PASSIVE BYSTANDER

Success is the result of fate or luck.

Experience learned helplessness.

Can't make things happen.

← Locus of control is a continuum →